

ELAINE SORTINO SOFTBALL

2010 TOTAL SKILLS SCHOOL

PARTICIPANT INFORMATION

June 27th – June 30th, 2010

@ The University of Massachusetts, Amherst

When/where is check-in?

Check-in will begin promptly at 4:00pm on Sunday, June 27th and will conclude at 5:30 pm. The first session will begin at 6:30 pm at the UMass Softball Complex. The site of registration will be at the Dormitory in the Southwest Residential Complex. The name of the dormitory will be posted on the softball school website when it becomes available. **DUE TO DORM REQUIREMENTS, EARLY CHECK-IN PRIOR TO 4:00PM IS NOT PERMITTED.**

What if I will be late because I am playing in a tournament?

Anyone who will be arriving later than 8:30pm on Sunday, June 27th should call (413) 545-9588 the Wednesday (June 23rd) before camp begins. Late arrivals will be accommodated up until midnight on the 27th, and arrangements will be made to arrive at the Dormitory designated for our school. *****MOST PLAYERS ARE COMING FROM TOURNAMENTS.** We expect this and can assure you that you will be well-cared for.

Can I be in a triple room with 2 of my other friends?

Unfortunately, we can not guarantee that triples will be available. Our softball schools are assigned different dormitories each year. **MOST of these buildings do not have triples.** We have no control over our assignments. Therefore, we recommend that you possible find one more player to make pairs, or understand that we assign rooms with respect to age and groups of teammates/friends. We place people together, as close as possible, to people they know. And remember, one of the best parts of going to these events is meeting new people from other teams and regions of our country.

What should I bring to softball school?

All participants will be residing in the dormitories on the UMass campus. Participants should bring the following: **a sleeping bag or linens for the dormitory bed, a pillow**, a fan, towels for showering, shorts, socks, and T-shirts for 3 sessions daily, cleats, athletic footwear (i.e. tennis shoes, basketball shoes, cross-trainers etc.) a lamp, some spending money and an alarm clock.

What equipment should I bring to softball school?

All participants must bring their own bat and glove. You may bring batting gloves and bat bag, but they are not required. **Catchers must bring their own catching equipment (leg guards, chest protector, and mask.)**

Can I drive to the Total Skills School?

While we do not encourage participants driving on their own, participants are permitted to drive to the UMass campus. There will be a designated parking lot and parking passes available for participants when they arrive. Keys will be taken from all participants for the duration of camp, and returned upon their departure.

What transportation services are available?

It is the school's policy not to provide any transportation (i.e. pick-up or drop off) services for participants. UMass is easily accessed via Bradley Airport. Valley Transporter (800 872-8752) and American Transport Express (877 937-5466) are airport door-to-door services to UMass. Buses and taxis are also available methods of transportation to the campus.

When is the first/last meal?

The first meal will be on Sunday night prior to the start of the first session. All other meals will be in the campus-dining hall. Please be sure to have lunch prior to arrival. The last meal served will be breakfast on Wednesday, June 30th. Camp will close at noon.

What is the method of payment?

The Softball School will only accept credit card payments for registration All registrations must be paid in full to be accepted into camp.

What other costs are there?

Each participant in the school must send a check for their key deposit of \$50.00 PAYABLE to the UNIVERSITY OF MASSACHUSETTS CAMPUS SERVICES. This must be mailed to with the health forms upon registration to be completely

enrolled in camp. Upon room key return and room evaluation/approval on departure, the check will be voided.

What is the refund policy?

The initial camp deposit of \$100.00 is non-refundable.

Do I need a physical?

All participants must have a physical prior to the start of the school. If participants have had a recent physical, a copy of that signed report must be attached to the Health Form. **“Recent” is defined as within one year prior to the start of the school. Your medical provider should be made aware of the impending strenuous physical activity upcoming in this program. FAXED AND/OR COPIED FORMS ARE PERMITTED.**

When is the Health Form & Liability Waiver due?

Each participant must have the Health Form and Liability Waiver completed and on file with all appropriate signatures to complete registration in the softball school. Please have your medical provider complete the form. All participants must have a signed completed Health Form prior to any participation in school activity. Health Forms & Waivers must be mailed in directly to Elaine Sortino Softball School, c/o , c/o Planet Fastpitch 135 Ironstone Street, Uxbridge, MA 01569

Do I need Health Insurance?

YES! ALL PARTICIPANTS ARE REQUIRED TO HAVE HEALTH INSURANCE for their participation in the school. If health insurance is not available please phone the office immediately upon receipt of enrollment confirmation.

How can I reach my daughter in case of an emergency?

Parents may call the school’s phone at (413) 545-9588, for emergency contact. These messages will be checked after each session. Campers are permitted to have cell phones at camp. We request that they are turned off during the training sessions.

Are the dormitories air-conditioned?

The dormitories at UMass are not air-conditioned, but the dining facilities are. Participants are encouraged to bring room fans. Personal air-conditioners are not permitted.

What is the medical coverage at camp?

A Certified Athletic Trainer will be present during the entire camp. The University Health Center is located on campus and is equipped to handle emergencies.

What kind of shape should I be in?

There will be no physical testing at the school, but the program is rigorous and will require 5-6 hours on the playing field per day. To get the most out of the program, you should be in excellent physical condition. Be in shape to participate in all aspects of the program

Are there conduct expectations?

As the school's director, I do expect all participants to conduct themselves properly at all times- practice session, meals, and in the dorm. Poor deportment hinders the learning process for everyone. All participants are enrolled to learn and have fun. Those who do not comply with the rules, which will be, distributed opening night will be dismissed and sent home immediately. Participants will be financially responsible for any damages that may occur.

Are there attendance requirements?

All participants are required to attend every session; to be on time, and ready to participate in all drills, games, and other activities. Participants may not leave the designated dorm, dining hall, or field areas without the director's knowledge and parental consent

When should I be picked up?

The Total Skills School will end with Camp Olympics which begins at 11:00am on Wednesday, June 30th. Parents are highly encouraged to attend the Olympic competition. Closing ceremonies and dismissal from camp to the dormitory for check-out is at 11:30am. Olympics and closing ceremonies will take place at the UMass Softball Complex. In the event of rain, activities prior to dismissal to the dormitory for check-out will take place in Boyden Gymnasium. Players must be checked out of the dormitory by Noon.

Directions to the University of Massachusetts?

Please visit the link on the website and print the maps and directions to campus.