

# PLANET FASTPITCH SUMMER SOFTBALL SCHOOL

## PLAYER HANDBOOK

*When/where is check-in?*

Daily check-in will begin at 8:45am to 9:00am and pick-up promptly at 3:00pm. **DUE TO LIABILITY, CHECK-IN PRIOR TO 8:45AM AND PICK-UP AFTER 3:00PM IS NOT PERMITTED.**

*What should I bring to softball school?*

Participants should bring the following: cleats, athletic footwear (i.e. tennis shoes, basketball shoes or cross-trainers etc.), a softball glove, appropriate clothing for weather conditions, if available, batting gloves, kneepads and a softball bat, some spending money for lunch (or pack a lunch), sunblock and a hat or visor.

*What equipment should I bring to softball school?*

All participants must bring their own bat and glove. You may bring batting gloves and bat bag, but they are not required. **Catchers must bring their own catching equipment (leg guards, chest protector, and mask.)**

*Can I drive to the softball school?*

While we do not encourage participants driving on their own, participants are permitted to drive to the softball school.

*Is there a break for lunch?*

Absolutely. On lunch break, many participating hosts will open a concession stand where players may buy their lunches. Please check the website to determine if this is an option. Players may also pack a lunch.

*What is the method of payment?*

All registrations must be paid in full to be accepted into camp. Credit card payment will be accepted online at [www.planetfastpitch.com](http://www.planetfastpitch.com).

*What other costs are there?*

If the player chooses to purchase lunch, snacks or beverages from the concession stand, she will need spending money.

*What is the refund policy?*

The initial camp deposit of \$50.00 is non-refundable.

*Do I need a physical?*

All participants must have a physical prior to the start of the school. If participants have had a recent physical, a copy of that signed report must be attached to the Health Form. “Recent” is defined as within one year prior to the start of the school. Your medical provider should be made aware of the impending strenuous physical activity upcoming in this program.

*When is the Health Form & Liability Waiver due?*

Each participant must have the Health Form and Liability Waiver completed and on file with all appropriate signatures to complete registration in the softball school. Please have your medical provider complete the form. All participants must have a signed completed Health Form prior to any participation in school activity. Health Forms & Waivers must be mailed in directly to Planet Fastpitch 135 Ironstone Street, Uxbridge, MA 01569

*Do I need Health Insurance?*

**ALL PARTICIPANTS ARE REQUIRED TO HAVE HEALTH INSURANCE** for their participation in the school. If health insurance is not available please phone the office immediately upon receipt of enrollment confirmation.

*How can I reach my daughter in case of an emergency?*

Parents may call Scooter Wheeler on the school’s emergency phone at (401) 935-6731, for emergency contact. These messages will be checked after each session. Campers are permitted to have cell phones at camp. We request that they are turned off during the training sessions.

*What is the medical coverage at camp?*

A First Aid/CPR certified staff person will be present during the entire camp. In the event of an emergency, the staff will call 911 services and the parent.

*What kind of shape should I be in?*

There will be no physical testing at the school, but the program is rigorous and will required 5-6 hours on the playing field per day. To get the most out of the program, you should be in excellent physical condition. Be in shape to participate in all aspects of the program

*Are there conduct expectations?*

**As the school's director, I do expect all participants to conduct themselves properly at all times. Poor deportment hinders the learning process for everyone. All participants are enrolled to learn and have fun. Those who do not comply with the rules that will be announced on the first morning of school will be dismissed and sent home immediately. Participants will be financially responsible for any damages that may occur.**

*Are there attendance requirements?*

**All participants are required to attend every session; to be on time, and ready to participate in all drills, games, and other activities. Participants may not leave the designated field or gym areas without the director's knowledge and parental consent**

*When should I be picked up?*

**All participants should be picked up by no later than 3:00pm.**

*Directions to the softball school?*

**Please check the link on the website.**