

# Planet Fastpitch Futures Program

By Denise Davis

With special assistance from Kate Roberts, Emily Wehr & Brandice Balschmitter.

*“A 10-week condensed replica of the highly successful PFP Varsity School”*

Denise Davis, with special arrangement with Kate Roberts, Emily Wehr & Brandice Balschmitter,  
presents

**The FUTURES Program for PITCHERS & CATCHERS.**

**This program will be built and implemented by Denise Davis.** Brandice Balschmitter will assist with pitching duties and Emily Wehr and Kate Roberts will run the hitting and defensive skill sessions including catching. This powerful and dynamic team of coaches lends to an intense and high-energy learning environment. Just like the Varsity program, great levels of energy and focus will be given to the students of this program.

**This 10 week FUTURES Program will run an abbreviated yet parallel curriculum to the Varsity Program.**

**\*\*This is an EXCELLENT edge in the application process to the Varsity Program.** There will be a small number of Varsity slots that will become available with the graduation of several seniors next spring. Earning a position in the main program will be a highly competitive event next year.

**The FUTURES Program is a select program,** with students that are chosen through an application process by Denise Davis. Students will be surrounded by high level athletes with similar work ethics and goals. The program is constructed, implemented by Denise and taught by the team of Denise, Kate, Brandice and Emily. It is a program developed to fully train the pitchers and catchers with the presentation of physical and mental strength and sports performance training, mechanics enhancement, timing work, speed measurements, plate strategy, alternate pitches, fielding position and overhand throwing, hitting and a total skills package. The program will also include LIVE PITCHING/HITTING competition in the inner squad challenge. *Each session is 2 hours! Catchers will receive 30 minutes of additional training each week.*

**This program will be on the cutting edge of training and development.** The students will be constantly monitored and well-cared for.

## Who:

Only PITCHERS AND CATCHERS with **serious goals and willingness to work** hard and make positive change will be accepted. Players must be passionate about softball and becoming a well-rounded player as well as willing to commit practice time.

## Enrollment:

8 pitchers and 8 catchers per group.

## Dates:

Saturdays

2010	Futures	week
<b>Jan</b>	16	1
	23	OFF
<b>Feb</b>	30	2
	6	3
	13	4
	20	5
	27	6
<b>Mar</b>	6	7
	13	8
	20	9
	27	10
<b>Apr</b>	3	make-up TBD

**Group Times: TBD \*\*launch time approx 9am**

- Group 1
- Group 2
- Catchers
- Group 3

Pitchers train for 2 hours and catchers for 2.5 hours each week.

\*\* Please do not request a group time. See below for details.

**Assignment of Group:**

Denise Davis will assign group rosters based on abilities and class chemistry. Groups will be assembled with respect to experience, body awareness, mechanics, speed, pitch menu and age.

**Admissions:**

- Application must be completed and submitted for review.
- Rolling admissions: Beginning September 1st, 2009 and ending when the program is full.
- Upon acceptance, enrolled students must sign Letter of Intent.

**Requirements:**

- A catcher/parent/friend/relative who can catch
- Academically eligibility and good citizenship.
- All outstanding balances paid in full.



## Cost:

**\*\*\*\*PFP VIPS receive a 10% discount on the Futures Program (10% discount will apply to both the Paid in Full Discounted Cost AND the Payment Plan)\*\*\*\***

## Pitcher Cost:

Paid In Full:	\$895	<i>Savings of \$50</i>
Payment Plan:	\$375	Reservation Payment 1
	\$285	Payment 2 – Due January 30th
	\$285	Payment 3 – Due February 27th

**Pitcher Receives:**  
**10 week program**  
**Planet Fastpitch Pull-Over**  
**1 Training Ball**  
**1 RVP analysis**

## Catcher Cost:

Paid In Full:	\$425	<i>Savings of \$50</i>
Payment Plan:	\$175	Reservation Payment 1
	\$150	Payment 2 – Due January 30th
	\$150	Payment 3 – Due February 27th

**Catcher Receives:**  
**10 week program**  
**Planet Fastpitch Pull-Over**  
**1 Training Ball**  
**1 RVP analysis**

## PFP Futures Program Policy:

*After 2 warnings and a player/parent/coach conference, any student who does not cooperate with the philosophies, goals, assignments, training regimes, academic eligibility and/or misconduct policy (including drug and alcohol policy) will be dismissed from program and the balance of the yearly tuition is required to be paid in full.*

*Reservation 1 and/or Payment in Full must be made upon acceptance into the program to secure a spot. If you have chosen the Monthly Payment Plan, the following 2 payments are due on January 30<sup>th</sup> and February 27<sup>th</sup>, 2010. Any late payments will be subject to a \$20 late payment fee.*

*In the event of short-term, acute injury, players are requested to attend classes to learn by observation. In the unfortunate event of long-term injury, with a valid medical documentation, a medical leave of absence from the program will take place.*

*In the event of extremely inclement weather, classes will be cancelled. There is a make-up opportunity for weather once during spring vacation on Saturday April 3, 2010. There will be no other make-up opportunities. Private lessons will not be exchanged for missed groups. Make-ups are not available for schedule conflicts, sickness or vacations. It is the student's responsibility to attend the pre-paid sessions regularly.*